

## Practical assessment: a guide to choosing activities and roles

See how you can choose which activities students can combine for the practical assessments for the Short Course, Full Course and Double Award. See examples of how to make the most of the flexibility of activities and roles within the new GCSE specification.

Unit 2 Short Course		Groups/ways of thinking						Roles				
		Pupils must be assessed in <b>two</b> of the groups/ways of thinking below						Pupils must be assessed as a player/performer <b>at least once</b>				
Assessment		1. Outwitting opponents Games activities	2. Accurate replication Gymnastic activities	3. Exploring & communicating ideas Dance activities	4. Performing at maximum levels Athletic activities	5. Identifying & solving problems Life saving, personal survival and outdoor and adventurous activities	6. Exercising safely & effectively Fitness and health activities	Player/Performer	Organiser	Leader/Coach	Choreographer	Official
	1	✓								✓		
2					✓		✓					

  

Unit 4 Full Course		Groups/ways of thinking						Roles				
		Pupils must be assessed in <b>at least two</b> of the groups/ways of thinking below						Pupils must be assessed as a player/performer <b>at least twice</b>				
Assessment		1. Outwitting opponents Games activities	2. Accurate replication Gymnastic activities	3. Exploring & communicating ideas Dance activities	4. Performing at maximum levels Athletic activities	5. Identifying & solving problems Life saving, personal survival and outdoor and adventurous activities	6. Exercising safely & effectively Fitness and health activities	Player/Performer	Organiser	Leader/Coach	Choreographer	Official
	1	✓						✓				
2	✓								✓			
3	✓								✓			
4					✓		✓					

### An example

Jo will be submitting the following assessment:

- Coach in basketball

For the **second** assessment Jo:

- cannot be assessed in any role in another games activity
  - because Jo needs to include an activity from a second group/way of thinking
- cannot be assessed in any role other than player/performer
  - because Jo needs to be assessed at least once in the player/performer role
- can** be assessed as a player/performer in cross country running
  - because this covers one assessment in the player/performer role and covers a second group/way of thinking.

### An example

Alex will be submitting the following three assessments:

- Player/performer in basketball
- Coach in ice hockey
- Coach in tennis

For the **fourth** assessment Alex:

- cannot be assessed in any role in another games activity
  - because Alex needs to include an activity from a second group/way of thinking
- cannot be assessed in any role other than player/performer
  - because Alex needs to be assessed at least twice in the player/performer role
- cannot be assessed as player/performer in *basketball* again
  - because students cannot be assessed twice in exactly the same role and activity
- can** be assessed as a player/performer in cross country running
  - because this covers a second assessment in the player/performer role and covers a second group/way of thinking.

**Unit 6  
Double  
Award**

		Groups/ways of thinking						Roles				
		<i>Pupils must be assessed in <b>at least one more</b> of the groups/ways of thinking below – if three have not already been assessed in Unit 4</i>						<i>Pupils have a free choice of roles in Unit 6</i>				
		1. Outwitting opponents <i>Games activities</i>	2. Accurate replication <i>Gymnastic activities</i>	3. Exploring & communicating ideas <i>Dance activities</i>	4. Performing at maximum levels <i>Athletic activities</i>	5. Identifying & solving problems <i>Life saving, personal survival and outdoor and adventurous activities</i>	6. Exercising safely & effectively <i>Fitness and health activities</i>	Player/Performer	Organiser	Leader/Coach	Choreographer	Official
Assessment	1						✓	✓				
	2	✓										✓
	3				✓					✓		
	4				✓				✓			

**An example**

For Unit 4, Alex has already been assessed in the first and fourth groups/ways of thinking. This means that during Unit 6, Alex will need to be assessed in at least one more group/way of thinking.

The following combination of Unit 6 assessments is permissible for Alex.

1. Any role in circuit training (because this covers a *third group/way of thinking*).
2. For assessments 2, 3 and 4 Alex can perform any role in any activity so long as the role in the activity has not already been assessed in Unit 4 or Unit 6.

If Alex had already been assessed for Unit 4 in activities from three or four groups/ways of thinking, any role in any activity could be chosen for each of the assessments in Unit 6. The only restriction would be that Alex could not be assessed more than once for the same role in the same activity (ie Alex could not be assessed twice as a performer in circuit training).

**Choosing practical assessments**

The flexibility of the new GCSE in Physical Education allows students to focus on their strengths and interests through choosing a combination of assessments that will provide both challenge and enjoyment. A few examples of combinations are suggested below:

**The specialist**

1. Player/performer in favourite sport
2. Coach in favourite sport
3. Official in favourite sport
4. Player/performer in a Group 6 activity

**The games-player**

1. Player/performer in hockey
2. Player/performer in netball
3. Player/performer in cricket
4. Player/performer in speed agility quickness training

**The self-improver**

1. Player/performer in cross country running
2. Player/performer in yoga
3. Leader/coach in pilates
4. Player/performer in weight training

**The dancer**

1. Player/performer in street dance
2. Player/performer in ballroom dancing
3. Choreographer in theatrical dance
4. Choreographer in street dance

NB – ballroom dancing is classified as a Group 2 activity and so two groups/ways of thinking are included in this combination.